Typical Products Guide

Jorge Fernandes 2011

Honey

www.azores.gov.pt/Portal/pt/entidades/sraf.../mel+acores.htm

In Portugal, the history of honey production is related to the occupation of the Romans in Iberia. In the Azores this product was brought by Portuguese colonists.

Geographical production area: Arquipélago dos Açores
Certification Authority: Comissão Técnica de Certificação e Controlo (Despacho Normativo nº 259/93 de 30 de Dezembro)
Agrupamento Gestor da DOP: FRUTER – Cooperativa de Hortofruticultores da Ilha Terceira, CRL

Meat

www.azores.gov.pt/Portal/pt/entidades/.../Carne+dos+Açores.htm

In the Azores there are excellent conditions for livestock. The first beef breeds were brought with the discovery and colonization of the islands. They were later introduced other more productive breeds such as Holstein-Frisian, Charolais and Limousin.

Geographical production area: Arquipélago dos Açores
Certification Authority: IAMA - Instituto de Alimentação e Mercados Agrícolas

Agrupamento Gestor da IGP: FEDERAÇÃO AGRÍCOLA DOS AÇORES CRL

Dairy

Goes back to the settlement of the Azores and their introduction of dairy cattle breeds. In the beginning was just to feed the family, today is the main economic factor in the region.

- Milk;
- Cheese;
- Yogurt;
- Butter, …

Geographical production area: Arquipélago dos Açores
Certification Authority: The certification is in progress

Wine

http://www.cvracores.pt/vinho-regional-acores-.html

Introduced by the Franciscan friars during the settlement process, it became a very popular drink and with great quality. Nowadays, the more traditional variety is Verdelho.

Geographical production area: Terceira Island
Certification Authority: VLQPRD – Biscoitos

Fruit

www.fruter.pt

Introduced during the settlement of the islands and has many origins, including South America (Brazil)

- Pomoideas (apple, pear, …
- Prunoideas (plum, peach, …
- Citrinos (orange, limon, …
- Sub-tropicais (fig, custard apple, passion fruit, banana, guava)

Geographical production area: Arquipélago dos Açores
Certification Authority: The certification is in progress

Vegetables

www.fruter.pt

Were being introduced to the islands. They are the staple diet of many families, being part of a healthy diet. Some crops such as potatoes, arrived in the Azores through the routes of the Americas.

- Potatoes,
- Cabbage,
- Fennel,
- Tomatoes,
- Peas,
- Beans,
- Broad beans,
- Onion, …

Geographical production area: Arquipélago dos Açores
Certification Authority: The certification is in progress

Cereals

It abounds today the production of corn for cattle (wheat and rye ethnographic purposes only) Introduced to the islands during the settlement process.

- Corn,
- Wheat,
- Barley,
- Rye, …

Geographical production area: Arquipélago dos Açores
Certification Authority: The certification is in progress

Medicinal and Aromatic Plants

Introduced throughout the history of the settlement, brought from various sources (Brazil, India, Americas,…), has the function of spicy dishes, to cure ailments of body and spirit and help in agriculture.

- Parsley;
- Fennel,
- Garlic,
- Lemongrass,
- Chamomile,
- Saffron,
- Rue, …

Geographical production area: Arquipélago dos Açores
Certification Authority: The certification is in progress